Female rats are more vulnerable to the long-term consequences of neonatal inflammatory injury

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Received 22 March 2007; received in revised form 6 August 2007; accepted 10 August 2007

Abstract

Premature infants are routinely exposed to invasive medical procedures during neonatal intensive care treatment that are largely performed in the absence of anesthetics or analgesics. Data collected to date suggest that exposure to early insult during this time of increased plasticity alters the development of the CNS and influences future pain responses. As previous studies examining the impact of neonatal injury on nociception have been conducted primarily in males, the potential adverse effects on females are not known. Therefore, the present studies were conducted to determine whether neonatal injury differentially impacts male and female sensory thresholds in adulthood. A short lasting inflammatory response was evoked in male and female rats on the day of birth with an injection of carrageenan (CGN; 1% or 2%) into the right hindpaw. Nociceptive thresholds were assessed using a noxious thermal stimulus at both adolescence (P40) and adulthood (P60). A more persistent inflammation was subsequently evoked in adult rats with an intraplantar injection of Complete Freund’s adjuvant (CFA). Neonatally injured females exhibited significantly greater hypoalgesia at P60, and displayed enhanced inflammatory hyperalgesia following re-injury in adulthood compared to neonatally injured males and controls. These results demonstrate that the long-term adverse effects of neonatal injury are exacerbated in females, and may contribute to the higher prevalence, severity and duration of pain syndromes noted in women compared to men.

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Keywords: Sex differences; Inflammation; Neonate; Pain

1. Introduction

The neonatal period is a time of increased neuro-developmental plasticity. Unlike other sensory systems, which require proper stimulation for appropriate development, maturation of nociceptive circuitry typically occurs in the absence of adequate stimuli (Lidow, 2002; Fitzgerald, 2004). Premature infants, however, are routinely exposed to invasive medical procedures during neonatal intensive care treatment (Anand, 1998, Grunau et al., 2005, Peters et al., 2005). Hundreds of thousands of infants are born premature each year, and as a result of major medical and technological advances in neonatal care, infants born after 23 weeks’ gestation are routinely kept alive (Qiu, 2006). In order to increase their chances of survival these newborns experience an average of 14 noxious procedures per day in the Neonatal Intensive Care Unit (NICU), including heel lances, endotracheal intubation, respiratory and gastric suctioning, and catheter insertion (Simons et al., 2003).

Recent evidence indicates that nociceptive circuitry is both intact and functional during late gestation, and that premature infants are indeed responsive to noxious stimulation (Bartocci et al., 2006; Slater et al., 2006). Furthermore, growing clinical data suggest that exposure to noxious stimulation in premature neonates can lead to long-term alterations in subse-
quent physiological and behavioral responses to innocuous and noxious somatosensory stimulation (Anand, 2000; Whitfield and Grunau, 2000; Grunau et al., 2005). Several studies report that former preterm infants exposed to multiple invasive procedures during NICU care display dampened behavioral responses and enhanced physiological responses to subsequent pain (Anand, 2000; Oberlander et al., 2000; Whitfield and Grunau, 2000; Grunau et al., 2005).

Parallel evidence in non-human animal models also suggests that neonatal noxious stimulation is associated with long-term changes in somatosensory structure and function (Bhutta et al., 2001; Lidow, 2002; Walker et al., 2003; Ren et al., 2004; Wang et al., 2004). Previous studies examining the impact of neonatal inflammation on adult somatosensory processing and dorsal horn physiology were conducted exclusively in males (Ruda et al., 2000; Lidow, 2002; Ren et al., 2004). The neuroendocrine profile of the newborn laboratory rat is sexually dimorphic such that in males, there is a significant surge of testicular testosterone that is centrally aromatized to estradiol and ultimately results in the masculinization of the male brain (Balthazart and Ball, 2006; Cornil et al., 2006). In females, the ovaries are quiescent and intracerebral estradiol remains low (Weisz and Ward, 1980; Amateau et al., 2004; Balthazart and Ball, 2006; Cornil et al., 2006). Estrogens have been shown to exert neuromodulatory and neuroprotective effects following acute and chronic central injuries (Garcia-Segura et al., 2001; Maggi et al., 2004; Amantea et al., 2005). Therefore, increased central levels of estrogen in males may attenuate the long-term adverse effects of neonatal injury, whereas in females the consequences of neonatal injury may be exacerbated. The aim of the current study was (1) determine whether neonatal inflammation differentially affects male and female sensory thresholds in adulthood and (2) to test whether the impact of neonatal injury on inflammation-induced hyperalgesia in adulthood is sexually dimorphic.

2. Methods

2.1. Animals

Time-pregnant Sprague–Dawley rats were obtained on the 14th day of gestation (E14) (Zivic Miller) and housed individually. Animals were maintained on a 12:12 h light/dark cycle, with food and water available ad libitum. On the day of birth (P0), sexing of the pups was determined by examination of the anogenital distance. All litters were reared identically, weaned at P21, and housed with same-sex littermates in groups of 2–3. All experiments adhered to the guidelines of the Committee for Research and Ethical Issues of IASP, and were approved by the Georgia State University Animal Care and Use Committee.

2.2. Early life manipulations

Acute neonatal injury was induced by unilateral hindpaw injection of carrageenan (CGN; 1% or 2% solution dissolved in sterile saline; 5 μl volume; Sigma, St. Louis, MO) into the plantar surface of the right hindpaw within 12 h of birth on P0, except for critical period experiments where neonatal injury was induced on P8 or P14. This inflammatory agent provides a well-established model of acute local inflammation that lasts for 12–72 h (Lidow, 2002; Ren et al., 2004). Control animals received either an equivalent of sterile saline into the right hindpaw or were “handled” in a similar manner and returned to their home cage. All pups within a litter received the same neonatal treatment.

2.3. Maternal behavior

Mother-pup interactions were observed for 1 h following the neonatal injury, and daily at 18:00 h (1 h prior to lights off) for 60 min from P0-P21. Maternal observations were conducted by both direct observations (in a manner so as not to disrupt the dam) and by videotape for later offline analysis. Specific maternal behaviors were recorded including pup licking/grooming, nursing posture (crouching), hovering over pups, pup retrieval, nest construction, eating/drinking, exploring, inactive/napping and self-grooming. Observations were conducted by an individual blind to the neonatal group assignment.

2.4. Baseline nociceptive behavior

On P40 and P60, baseline paw withdrawal latencies (PWLs) in response to a noxious thermal stimulus were determined. Thermal testing was conducted using the Paw Thermal Stimulator (UCSD, San Diego, California). In this test, animals were placed in a clear plastic testing chamber on a glass surface and allowed to acclimate for a minimum of 30 min prior to testing. A radiant beam of light beneath the glass base was directed at the plantar surface of each hindpaw and the withdrawal reflex latency was electronically measured (in seconds). Intact male and cycling female rats were tested separately. The average withdrawal latency of 3 trials was taken; all trials were separated by a 5-min inter-trial interval. Application of the thermal stimulus to either paw was randomly determined. To avoid potential tissue damage, a 20-s automatic termination of the heat stimulus was imposed if a paw withdrawal did not occur. The testing apparatus was thoroughly cleaned between sessions. Body weight and paw diameter for right and left hindpaws were measured prior to baseline testing on P40 and P60. To characterize the estrous status of female rats, vaginal smears (using the saline lavage technique) were taken daily beginning two weeks prior to testing and continued to the end of the experimental session. Proestrus was defined by the presence of nucleated epithelial cells in >90% of the total cell population; estrus was defined by the presence of cornified epithelial cells; diestrus-1 was defined as the presence of both leukocytes and cornified epithelial cells; diestrus-2 was defined as the relative absence of all cell types (Wang et al., 2006). All animals were smeared in the morning, approximately 3–4 h after lights on. Vaginal smears were conducted a minimum of 3 h prior to testing to minimize the potential effects of vaginal stimulation-produced analgesia (Komisaruk, 1977).
2.5. Nociceptive behavior following re-inflammation

Following baseline PWL determination on P60, animals received an injection of Complete Freund’s adjuvant (CFA; 1:1 CFA:saline solution; 200 μl; Sigma) into the plantar surface of the right (neonatally injured) hindpaw. A separate group of animals received intraplantar CFA into the left hindpaw. CFA was used for re-injury as neonatally-injured animals may potentially develop antibodies against carrageenan (CGN), thereby limiting its potency for use as an inflammatory agent. Twenty-four hours following CFA-induced inflammation, paw diameter and PWLs were tested using the Paw Thermal Stimulator as previously described.

2.6. Drugs

The opioid antagonist naloxone hydrochloride (1 mg/kg; Sigma; St. Louis, MO) was injected subcutaneously 15 min prior to P60 testing. This dose of naloxone was chosen based on our previous observations demonstrating that 1 mg/kg of naloxone was effective in reversing the effects of systemic morphine but had no effect on nociceptive thresholds alone (Ji et al., 2006). Control animals received an equivalent of saline.

2.7. Statistical analysis

Data were expressed as raw withdrawal latencies or difference scores. A maximal PWL of 20 s was used to prevent excessive tissue damage due to repeated application of a noxious thermal stimulus. All values are reported as means ± SEM. Data were analyzed for significant main effects of neonatal treatment and sex using ANOVA; p < 0.05 was considered statistically significant. Post hoc tests using the method of Sheffe were conducted as warranted to determine significant mean differences. Where multiple comparisons were made, p values were adjusted accordingly using the Bonferroni adjustment.

3. Results

3.1. Neonatal injury differentially affects male and female sensory thresholds in adulthood

Previous studies have reported that neonatally injured animals have significantly higher sensory thresholds in adulthood (Lidow, 2002; Ren et al., 2004). These studies, however, were conducted primarily in males. As central estradiol levels are significantly elevated in males at this time point (Amateau et al., 2004), and estrogens have been shown to confer neuroprotection (Garcia-Segura et al., 2001; Maggi et al., 2004; Amantea et al., 2005), the present studies were conducted to determine if the long-term consequences of neonatal injury are exacerbated in females compared to males. Intraplantar administration of carrageenan (CGN; 1% or 2%) on the day of birth resulted in significantly longer paw withdrawal latencies (PWLs) in comparison to control animals at postnatal day 60 (P60). Thermal hypoalgesia was present in both the previously injured (Fig. 1a) and uninjured (Fig. 1b) hindpaws. As shown in Fig. 1, paw withdrawal latency for the injured paw increased over 50% in injured animals (1% and 2% CGN) compared with saline and handled controls (p < .0001). Furthermore, neonatally injured females displayed up to a 3 s longer latency in the injured paw compared to neonatally injured males (p = .0078) (Fig. 1a). This increased hypoalgesia was also present in the uninjured paw (p < .0001) (Fig. 1b). There were no sex differences noted for saline and handled controls (p < .05) (see Fig. 1).

3.2. Neonatal injury alters sensory thresholds at P40

The above studies demonstrate that neonatal injury produces decreased responses to noxious thermal stimuli in adulthood and that this effect is exacerbated in females. We next tested whether these sexually dimorphic effects were also evident during the peri-adolescent period (P40). At P40, neonatally injured male and female rats (1% and 2% CGN) displayed significantly longer paw withdrawal latencies in response to a thermal stimulus for the injured paw compared to saline and handled controls (p < .0001) (Fig. 1c). Neonatal injury-induced hypoalgesia was also observed in the contralateral paw (p < .0001) (Fig. 1d). No significant main effect of sex was noted on any of the withdrawal latencies, although there was a trend for the female contralateral paw (p = .0737).

3.3. Neonatal injury does not affect body weight, paw diameter, or estrous cycle

No significant differences in body weight or paw diameter (right and left hindpaws) were noted in animals exposed to neonatal inflammation (1% and 2% CGN) compared to control animals (saline and handled) at either P40 or P60 (Table 1). No significant differences in estrous cycle were noted in neonatally injured females (1% and 2% CGN) compared to control females (saline and handled) (i.e. all animals displayed normal four day estrous cycles). As we have previously shown that estrous had no effect on baseline pain sensitivity or CFA-induced hyperalgesia (Wang et al., 2006), females were grouped together regardless of estrous stage.

3.4. Neonatal injury has no impact on maternal care

Previous studies have shown that naturally-occurring variations in maternal behavior can have a profound impact on a variety of developmental endpoints, including stress responsiveness, reproductive behavior, pain, and learning and memory (Sternberg, 1999; Liu et al., 2000; Johnston and Walker, 2003; Sternberg and Ridgway, 2003; Weaver et al., 2004). Given the profound and permanent changes induced by alterations in maternal care, daily maternal observations were conducted to...
determine whether neonatal inflammatory injury alters the display of maternal behavior. There were no significant differences in maternal behavior between injured and non-injured litters in the amount of time the dam spent on/with pups including crouching (nursing posture), lying with pups, and pup retrieval \( (p = .2231) \) (Fig. 2a). Similarly, no differences were noted in the amount of time the dam spent off/without pups including nesting, eating/drinking, exploring, napping, self-grooming \( (p = .2087) \) (Fig. 2b); or in the amount of time spent licking/grooming pups \( (p = .6939) \) (Fig. 2c). This indicates that changes in adult sensory thresholds produced by neonatal injury are not due to differences in maternal behavior directed at injured versus non-injured pups.

3.5. The long-term consequences of neonatal injury are critical period dependent

The next experiment was conducted to test whether the long-term consequences of neonatal injury were dependent upon a critical period. Male and female rat pups received a unilateral intraplantar injection of 1% CGN on P0, P8, or P14. Only 1% CGN was used as no significant differences were noted in the previous studies following administration of 1% versus 2% CGN. On P60, paw withdrawal latencies in response to noxious thermal stimulation were determined. Animals that were neonatally injured on P0 and P8 displayed significantly increased PWLs in both the injured \( (p = .0002) \) (Fig. 3a) and uninjured \( (p = .0003) \) (Fig. 3b) paws compared to animals that were injured on P14. Furthermore, a significant effect of sex was noted for both paws in animals injured on P0 and P8, with females displaying greater hypoalgesia compared to males \( (p = .0068, p = .0014) \). No significant effect of intraplantar carrageenan or sex was noted for animals injured on P14. These results suggest that the impact of neonatal injury is dependent upon a sensitive period, and that noxious insult occurring outside of this critical window does not permanently alter thermal sensory thresholds.
3.6. Neonatal injury enhances hyperalgesia following re-inflammation with CFA

The next series of experiments were conducted to test whether neonatally injured animals respond differentially to a subsequent injury in adulthood. Following baseline PWL determination at P60, animals received an injection of Complete Freund's adjuvant (CFA; 1:1 CFA:saline solution; 200 μl; Sigma) into the plantar surface of either the right (P0 injured) or left (P0 uninjured) hindpaw. Twenty-four hours following CFA-induced
The effect of neonatal injury on CFA induced hyperalgesia was quite profound. In response to noxious thermal stimulation, the paw withdrawal latencies of CFA treated adult control animals (handled and saline) decreased from approximately 8–10 s at baseline to 4–5 s following intraplantar CFA (mean difference score of 5.5 s), a typical hyperalgesic response (Wang et al., 2006). By contrast, latencies for injured animals (1% CGN) decreased significantly from baseline PWLs of 12–14 s to 1–3 s (Fig. 4a). This increased hyperalgesic response following CFA re-injury was significantly greater in neonatally injured females compared to neonatally injured males (mean difference scores of 12 for females versus 9 s for males). There was no significant effect of neonatal treatment on the degree of edema produced by intraplantar CFA ([F(3,118) = 1.32, p = .2705]).

Intraplantar CFA was administered in a separate group of animals into the left paw to determine whether the increased hyperalgesia following re-injury would be observed following adult re-inflammation of the neonatally uninjured paw. Similar to the previous results, neonatally injured animals (1% CGN) displayed enhanced hyperalgesia following intraplantar CFA compared to saline and handled controls ([p = .0176]) (Fig. 4b). This effect was, again, exacerbated in females compared to males ([p = .0108]).

3.7. Neonatal injury induced hypoalgesia is attenuated by systemic naloxone

Neonatal injury results in significant long-term hypoalgesia that is present in both the previously injured and uninjured paw. This bilateral response suggests a global,
4.1. Neonatal inflammatory injury produces thermal hypoalgesia in adulthood

Neonatal injury in rodents produces persistent and dramatic alterations in thermal baseline sensory thresholds (Anand et al., 1999; Bhutta et al., 2001; Lidow, 2002; Ren et al., 2004). Previous studies have reported intraplantar carrageenan administered on postnatal day 3 results in thermal and mechanical hypoalgesia in adult male rats (Lidow, 2002; Ren et al., 2004). Additionally, long-term visceral hypoalgesia has been reported in animals exposed to carrageenan-induced inflammation as neonates (Wang et al., 2004). Somatic hypoalgesia has also been reported following repeated intraplantar 10% formalin injections in males (Bhutta et al., 2001). Here we demonstrate for the first time that female rats also display thermal hypoalgesia in adulthood following neonatal hindpaw inflammation with carrageenan, and this hypoalgesia is significantly greater than that observed in males. Thermal hypoalgesia was manifest at both P40 and P60 and was present in both the injured and uninjured paws.

The global nature of the observed hypoalgesia following neonatal inflammatory injury suggests that the underlying mechanisms are not manifested peripherally at the site of injury, but rather may involve alterations in higher central regulatory systems. Our finding that administration of the opioid antagonist naloxone reverses the injury-induced hypoalgesia supports this theory. However, as there are currently no reliable and reproducible methods for assessing nociception in P0 rat pups, we cannot conclusively state that the observed hypoalgesia was due to the pain associated with inflammation. Indeed, it is also likely that our P0 manipulations induced changes in the developing hypothalamic-pituitary-adrenal axis. Nociception is one component in a broader context of stress reactivity (Anand et al., 1999; Sternberg and Ridgway, 2003; Grunau et al., 2005), and experimental studies have shown that exposure to early life stressors such as repetitive neonatal handling can permanently increase nociceptive thresholds in adult rats and decrease the behavioral and physiological responses to stress in adulthood (Pieretti et al., 1991; Coutinho et al., 2002; Sternberg and Ridgway, 2003). Interestingly, a recent study demonstrating long-term thermal hypoalgesia in both sham operated and surgically-manipulated mice suggests that the stress of the neonatal procedure, and not necessarily the pain, contributes to the observed hypoalgesia (Sternberg et al., 2005).

Data from human preterm infants also suggest that neonatal exposure to noxious stimuli may alter the responses to subsequent painful or stressful experiences. Ex-preterm infants exposed to four weeks of NICU care display reduced behavioral pain behavior and enhanced cardiovascular responses following heel stick (Johnston and Stevens, 1996). In addition, stressful conditions at birth are associated with increased salivary cortisol in response to vaccination at 4 and 6 months of age (Peters et al., 2005). Furthermore, premature infants at 8 and 18 months of age display increased basal levels of stress.
hormones compared to their full-term counterparts (Grunau et al., 2007).

Administration of the broad-spectrum opioid antagonist naloxone completely reversed the hypoalgesia induced by neonatal injury, suggesting that the pain and stress associated with our neonatal manipulations resulted in a potentiation in descending endogenous opioid tone. Carrageenan-, formalin- and CFA-induced inflammation have all been shown to profoundly enhance dynorphin and enkephalin biosynthesis in spinal neurons in the dorsal horn (Iadarola et al., 1988; Noguchi et al., 1989). Inflammation-induced changes in endogenous opioid peptide expression and release have also been reported at several supraspinal sites, including the periaqueductal gray (PAG); this increase in opioid peptide expression is associated with hypoalgesia (Williams et al., 1995). Pain-induced changes in opioid peptide expression are also paralleled by an increase in mRNA expression (Iadarola et al., 1988). In the present study, naloxone was administered systemically; therefore, it is not known whether neonatal injury-induced changes in opioid tone are peripherally or centrally mediated. However, studies are currently underway using site-specific injections of naloxone to further identify the loci for injury-induced changes in endogenous opioid tone.

4.2. Long-term effects of neonatal injury are sexually dimorphic

The neuroendocrine profile of a newborn rat pup is sexually dimorphic, such that males have higher central levels of estradiol at birth compared to females, and similar differences in hormone levels may also be present in peripheral tissues (Weisz and Ward, 1980; Amateau et al., 2004; Balthazart and Ball, 2006; Cornil et al., 2006). Estrogens have been reported to exert neuroprotective effects following acute and chronic injuries in the adult CNS (Garcia-Segura et al., 2001; Maggi et al., 2004; Amantea et al., 2005). In the present study, neonatal injury resulted in significantly greater basal hypoalgesia at P60 in females in comparison to males. Indeed, the paw withdrawal latency of females injured with 1% CGN was 3 s longer in both the injured and uninjured paws compared to injured males. These results suggest that in males, estrogens may be acting as a neuroprotectant in response to early life injury, thereby leaving female rats with low to non-detectable levels of central estradiol increasingly vulnerable to the effects of neonatal noxious insult. Female rats injured at P14, when estradiol concentrations are comparable in males and females, displayed equivalent levels of baseline hypoalgesia as injured males, further suggesting that sex differences in the neonatal neuroendocrine environment contributed to the observed sexually dimorphic impact of neonatal injury. A potential neuroprotective effect of androgens cannot be ruled out in the present study (Ramsden et al., 2003), and future studies directed at manipulating the neonatal neuroendocrine environment, including masculinizing females or castrating males, are necessary to more specifically implicate gonadal hormones as the primary factor contributing to the observed sex differences in the impact of neonatal inflammatory insult.

 Estradiol has been shown to influence the expression of a number of pro-inflammatory and pro-nociceptive agents. For example, prostaglandins (which are pro-inflammatory) are released peripherally in response to injury, and estrogen has been shown to modulate both prostaglandin and COX-1 and COX-2 expression in peripheral tissues (Zhang et al., 1997). Furthermore, peripheral injury also results in increased BDNF that is thought to promote neuronal survival and healing (Price et al., 2005). As estradiol increases BDNF expression centrally, this may also attenuate the adverse effects of peripheral injury (Allen and McCarson, 2005).

4.3. Re-injury with CFA produces hyperalgesia and the effect is sexually dimorphic

Following re-injury in adulthood with CFA, neonatally injured male and female rats displayed significantly greater hyperalgesia than control animals. Furthermore, neonatally injured females exhibited significantly greater hyperalgesia in the inflamed paw than neonatally injured males, and male and female controls. This effect was observed in both the neonatally injured and uninjured paws, and is consistent with previous studies reporting long-term sensitization of afferent neurons and hyperalgesia following neonatal insult (Reynolds and Fitzgerald, 1995; Anand et al., 1999; Al-Chaer et al., 2000).

This increased hyperalgesia following re-injury in adulthood appears disparate with the observed basal hypoalgesia. Our preliminary anatomical studies, however, suggest that neonatal inflammatory injury results in bilateral alterations in primary afferent innervation of the dorsal horn (LaPrairie and Murphy, 2005), which may account for our observed hyperalgesia. In particular, neonatal injury increases primary afferent innervation in the L3-L5 spinal cord, as reflected by increased expression of both CGRP and substance P immunoreactivity. As both CGRP and substance P are pro-nociceptive, this increase in primary afferent innervation would be associated with a facilitated response to a noxious stimulus. Our working hypothesis is that the pain associated with intraplantar CGN on P0 results in a compensatory increase in descending inhibitory modulation as a mechanism of pain management. An increase in descending opioid tone is supported by our naloxone data, and would provide a direct mechanism for our observed hypoalgesia at baseline testing. By contrast, re-injury in adulthood with the inflammatory agent
CFA results in an enhanced dorsal horn release of CGRP and/or substance P due to increased primary afferent input. Increased release of these pro-nociceptive peptides would be predicted to result in an enhanced hyperalgesic response. Increased primary afferent innervation of the spinal cord may also drive an enhanced descending facilitation in neonatally injured animals.

5. Conclusion

Our findings clearly demonstrate that exposure to a single neonatal inflammatory insult is associated with long-term decreases in nociceptive sensitivity that are significantly exacerbated in females. The presence of a sex difference in the response to early insult may contribute to the higher prevalence, severity, and duration of pain syndromes (i.e. migraine, temporomandibular joint disorder, fibromyalgia and irritable bowel syndrome) that are observed in women.

6. Competing interest statement

The authors declare that they have no competing financial interests.

Acknowledgements

This work was supported by National Institute of Health Grants DA16272 and AR49555 awarded to Anne Z. Murphy, the Center for Behavioral Neuroscience (NSF: IBN 9876754), and the Georgia State University Brains and Behavior Program. The authors are grateful for the constructive comments provided by Michael S. Gold on a previous version of this manuscript.

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